



MWR Monthly Edition
U.S. Naval Forces Marianas

Always Active News

February 2004



Navy Morale, Welfare and Recreation

PROUDLY PRESENTS

Oksana

THE PEOPLE'S PIANIST



WORLD UNITED STATES ARMED FORCES TOUR

2 0 ★ 0 4



PERFORMANCE EXCERPTS FEATURED
ON OKSANA'S NEWEST CD "FREEDOM: DEDICATED TO U.S. TROOPS"
AVAILABLE ONLINE AT WWW.OKSANA-K.COM

POSTER ART BY J. J. ARTHUR KENEFICK



February 2004

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1st Annual COMNAVMAR

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COVER PHOTO:

Oksana, talented pianist and composer, will perform live February 3 at Sunset Lounge. Cover poster art by J. Arthur Kenefick.

SUBMIT YOUR PHOTO TODAY!



U.S. NAVAL FORCES MARIANAS

RDML(Sel) Arthur J. Johnson
Captain Robert A. McNaught
CDR Jeffrey M. Beaty
Dave Matthews
Ed Echols
George Stewart

Commander, U.S. Naval Forces Marianas
Commanding Officer, U.S. Naval Forces Marianas Support Activity
Executive Officer, U.S. Naval Forces Marianas Support Activity
Acting QOL Program Manager
Regional MWR Director
Manager, Community Services RTSG

The Always Active News is a monthly publication by the Morale, Welfare and Recreation Department of Commander, U.S. Naval Forces Marianas. If you have any questions regarding any information in this publication, please call the MWR Marketing/Publicity Office at 564-2261 or visit us at Bldg. 1A. Your comments and suggestions are welcome. The Department of Defense and the Department of the Navy do not endorse any product or firm associated with any event mentioned in this publication.

MEET YOUR MWR STAFF



Crena Byerly Sponsorship Coordinator

As sponsorship coordinator, Crena's primary duty is to gain support from our local business community in the form of in-kind and cash donations for our various MWR events. Many of the sponsors are supportive year round and offer military discounts on a regular basis.

Crena has also had her fair share of pier set-ups for incoming vessels, in particular the carriers. Coordinating food vendors, hotel representatives and entertainment can be stressful. "But when you receive a "thank you" from the visiting personnel it makes it all worth while," states Byerly.

When it comes to special events, Crena is usually tasked to booking entertainment and door prizes. Door Prizes come from our valued sponsors, which is great "complimentary" way for our military community to experience Guam.

All-in-all Byerly enjoys her job, the "never a dull moment" environment the job offers and the opportunities she has had to meet and make new friends. "When I see someone walk away with a smile, it makes it all worth it."



Top o' the Mar

FMI Call 472-4606/07
Authorized Patrons Only

Mongolian Barbecue

An island favorite three days a week!
Tuesday, Thursday & Friday 1700-2100

Mongolian Friday Special "Guess the Weight"

Guess the exact number of ounces your dinner weighs and receive your Mongolian BBQ Free!!

NEW! The Movie's On Us!

Every Tuesday

Purchase one pound or more of delicious Mongolian BBQ and receive one complimentary admission to the CNM Big Screen Theater!

Sunday Brunch

Every Sunday 1030-1300

\$15.95 Adults, \$7.95 Child 5-11 and 4 & Under Free

Friday TGIF Lunch Buffet

\$7.95 per person 1100-1300



SUNSET LOUNGE

Where Sea, Sky & People Meet

Tuesday - Sunday

1700-2200

Daily Social Hour

1700-1900

Live Entertainment

1800-2100



From classical to an eclectic compilation of different styles, Oksana plays just about any music genre. Her show, a blend of artistic talent with first class entertainment, is a must see!

"LIVE" at the Sunset Lounge

February 3, 2004

1800-1900 Show 1900-2000 Autograph



AFE & MWR presents

THE KENNEY POLSON PROJECT
FEATURING KENNEY POLSON

Smooth jazz saxophone sounds. The Kenney Polson Project dazzles & delights audiences of all ages!

Thursday, February 19, 2004

1800-2100 Sunset Lounge



Live at Club Rumors

in February 1900-2200

WEDNESDAY
Band
TBA



THURSDAY Prominence



FRIDAY Flinch

SUPERBOWL PARTY

Monday, 2 Feb 04 0600-1500

**You Could Win A Trip for Two to the
PRO BOWL, Honolulu, Hawaii!**

(Must be 21 or older to enter)

- * Watch all the exciting action of Super Bowl XXXVIII on a large screen!
- * Meet the Silver Sirens
- * Ala Carte Breakfast & Lunch Menu Available
- * FANTASTIC Door Prizes
- * Grand Prize - a trip for two to the Pro Bowl in Spectacular Hawaii (must be present to win and must be 21 or older to enter)
- * FREE soda for Designated Drivers
- * After game party with LIVE BAND
- * Beverage Specials

Weekly Line-up!

80's Rock Night Mondays

1600-2200

Tournament Tuesdays

Challenge your friends to a game of pool! Variety of tournaments.
Hot & Spicy Pupus for \$2.00!

Sunday Fun Night

Challenge your friends to a board game while enjoying a bite to eat and cold beverage.

Stop by Club Rumors for a bite to eat, a cold beverage and challenge your friends to a game of pool! We've got music, video and board games to keep you busy. If you need to get connected, check out "Click Here" providing Internet service.



Try our new menu!

THE LIGHTER SIDE

features an assortment of Salads & Soup.
Rumors Side Salad, The Rumors Salad,
Oriental Chicken Salad, Chicken Caesar,
Soup of the Day, Arroz Caldo Soup &
Sesame Salad, and Soup and Sandwich.

AMERICAN-STYLE BURGERS & SANDWICHES

If this is your calling, try one of the mouthwatering sandwiches below:

Rumors Burger, Rumors Super Burger,
Rumors Patty Melt, Spicy Chicken Melt,
Philly Steak Sandwich, Tuna Melt, Club
House & BLT.

AMERICAN DINNER PLATES

For a delicious homestyle dinner, these
NEW! items will satisfy your appetite!
Yankee Pot Roast, Breaded Steak, Rumors
Fried Chicken, Grilled Mahi Mahi, Open
Faced Turkey & New York Steak.

PUPUS & APPETIZERS

If it's just pupus or appetizers you are after,
then our New York Steak Pupus or Karagi
(boneless chicken thighs) are just some of
the items to choose from.

DESSERTS

And for those of you with a sweet tooth, our
New York Style Cheese Cake or Chocolate
Overload Cake will satisfy your craving!

Hours of Operation

Lunch

Monday ~ Friday - 1100-1330
A la Carte & Daily Special

Evening

Monday ~ Sunday - 1700-2100
Holidays - 1700-2000
A la Carte Menu

February Highlights

Valentine's Dinner

Saturday, 14 February
1700-2100

New York Steak Dinner for Two
\$16.95 per couple

Complimentary Rose for the Ladies
(while supplies last)

For reservations, please call
564-1833/4.

NEW! The Movie's on Us!

Purchase any "American Style Plate"
meal on our new menu and receive
One Complimentary Admission to
The Big Screen Theater!

All You Can Eat Spaghetti Night

Every Friday in February
1700-2100

\$5.95 Adults, \$2.95 (5-11 years),
4 & under FREE





The Big Screen

Movie Hotline 564-1831



Tennessee Titan Cheerleaders

Premier Spirit Squad for the Tennessee Titans
Show and Autograph and Photo Session
Saturday, February 28, 2004
CNM Big Screen Theater
1400-1530 Show
1600-1700 Autograph/Photo Session

**Exciting and wholesome entertainment that will dazzle audiences!
Their array of talents and outstanding personalities add
excitement and class to the event.**

POINT CLUB

Relax after a hard day's work
in the air conditioned comfort
of the Point Club, or
enjoy the cool sea breezes
on the deck overlooking
the ocean!

Available for catering events
Call Alex at 472-4606/7



Hours of Operation

Thursday & Friday

1600-2100

Social Hour w/Complimentary Pupus

1700-1900

\$ILVER Dollar Bar & Grill

We offer a delicious lunch menu that includes soup and salad, chicken baskets and wing zings, and an assortment of burgers and sandwiches.

Try our Two Daily Lunch Specials!



Hours of Operation

Monday - Friday

Lunch & Computer Room

1100-1300

FMI call 339-5128 or 564-1833/34






SWIMMING POOLS

WATER AEROBICS at ComNavMar Swimming Pool

Authorized Patrons
can now enjoy the low-impact workout of
Water Aerobics
Tuesday, Wednesday & Thursday
0930-1030 & 1700-1800 &
Friday 0930-1030
\$2.00 per patron
Free for Active Duty
(upon verification of proper I.D.)

GAB GAB & SAN LUIS BEACH

Lifeguards ON DUTY
7 DAYS A WEEK from 1000-1800



4-MAN SCRAMBLE Tournament

February 27, 2004

1100 Show, 1200 Go

\$25.00 Entry Fee



Includes golf cart, lunch & prizes!
Minimum Team Handicap of 50

Authorized Patrons Only

FMI 344.5511/15 or 687.0388




Authorized Patrons Only

Admiral Nimitz Golf Course, Bldg 59
Bingo Hall & Bingo Plaza
Weekend Double Sessions
New! Weekend Matinee Bingo
Half Price on Bingo Matinee Packages!
 Every Saturday & Sunday
 Doors Open at 1100, Games Begin at 1300

Matinee Package Prices:

1/1 Across	\$10.00
3/3 Across	\$25.00
4/4 Across	\$30.00
5/5 Across	\$32.50
6/6 Across	\$35.00
10/10 Across	\$50.00

Prizes are based on register sales.

Evening Sessions 7 DAYS A WEEK.
Games Begin at 1900.



Clipper Landing *Sumay Cove*



Hours of Operation

Wednesday - Friday

Lunch 1100-1300

Evening 1600-2200

Saturday 1100-2200

Sunday 1100-2000

THEME NIGHTS

Wild & Wacky Wednesdays

Finally Friday Fun

On the Water at Sumay Cove Marina



SUMAY COVE MARINA



BOAT RENTALS - PRICE LISTING

American 18 Skipper.....\$ 12-hr, \$ 40 day

American 14 Skipper.....\$ 8-hr, \$ 30 day

Boston Whaler 19' (M/B Lic).....\$ 40 Half day (gas not included)

- 0800 to 1200 or 1200 to 1600

Boston Whaler 19' (M/B Lic).....\$ 75 full day (gas not included)

- 0800 to 1600

Paddle Boats (2 seat).....\$ 3-hr, \$ 20 day

Paddle Boats (4 seat).....\$ 4-hr, \$ 24 day

* Please make reservations with Sumay Cove Marina

* Reservations need to be made 24 hours in advance.

* Boston Whaler rentals are offered on a 1/2 day or full day basis. Schedule of rentals can be made 90 days in advance.

ASK ABOUT OUR FREQUENT BOATER CARD!

Motor Boat & Harbor Familiarization Class is held at the Sumay Cove Marina at a Fee of \$10.00 per person. Call for more info.

Kayak Rentals Now Available at Sumay Cove Marina

Single: \$1.50 per hour / \$13 per day

Double: \$2.50 per hour / \$16 per day

Wednesday - Sunday & Holidays

0800-1700

For More Information, Call 564-1846 or 688-0508

MWR FACILITIES

Hours of Operation

COMNAVMAAR

MWR OFFICE 564-1850/1/2
Ed Echols MWR Regional Director
ADMINISTRATION OFFICE 564-1847
George Stewart Manager, Community Services, RTSG
Mike Doran Asst. Manager, Community Services
Mon-Fri 0730-1630
Sat, Sun & Holidays Closed

MWR DIRECTOR'S FEEDBACK LINE 339-1022

Division Heads:
Maureen Scheuermann Executive Director (CDP)
Steve Dormer Director of Operations
Clifford Guzman Director of Technical Operations & PR
Prudence Denight Marketing Manager
Frank Esteves Recreation Supervisor
Mae Lizama Youth Activities Supervisor

AUTO HOBBY SHOP 564-1827

Jerome Aguigui Technician
Tue, Wed & Holidays Closed
Mon, Thu & Fri 1200-2200
Sat & Sun 0900-1700

BEEHIVE @ CAMP COVINGTON 339-6001

Willie Miranda Manager
Sun - Thu Closed
Fri 1700-2300
Sat 1700-2400

BINGO PROGRAM 344-5511/15

Christine Guzman Recreation Specialist Lead

CHARLES KING GYM 564-1824/5

Justin Stark Supervisor
Mon-Fri 0500-2100
Sat 0900-2100
Sun 0900-1900

CNM CHILD DEVELOPMENT CENTER 564-1844/5

CHILD CARE RESOURCE & REFERRAL 564-1755

Maureen Scheuermann Executive Director
Mon-Fri 0600-1730
Sat, Sun & Holidays Closed

CHILD DEVELOPMENT HOMES 564-2262

Patricia Friday CDH Coordinator
Mon-Fri 0730-1630
Sat, Sun & Holidays Closed

CLIPPER LANDING 564-1846

Jamie Sternadel Manager
Wednesday - Friday
Lunch 1100-1300
Evening 1600-2200
Saturday 1100-2200
Sunday 1100-2000

CNM YOUTH CENTER BLDG. 1982-B 564-1839

Mae Lizama Supervisor 564-1860
Therese Meno Recreation Specialist
Mon-Fri 0600-1800
Sat Special events only.
Sun & Holidays Closed
CNM YOUTH SPORTS 564-1838
Michelle Taitague Youth Sports Coordinator
Tue-Fri 0800-1700

CLUB RUMORS 564-1833/4/5

Fax 564-3187
Willie Miranda Manager
Catering 688-5695/472-4606/7
Alex Gagaring Catering Manager
Hours
Lunch (Mon-Fri) 1100-1330
Mon-Thu 1600-2200
Fri 1600-2400
Sat 1600-2400
Sun 1100-2200
CPO Lounge Fridays Only 1500-2200
Holidays
Bar 1700-2200
Ala Carte 1700-2100

Click Here (Club Rumors CNM)

Mon & Wed 0900-1500
Sun 0900-1600
Sat 1500-2100
Tue, Thu & Fri 1200-2100
Holidays Closed

LIBRARY 564-1836

Frances Quinata Librarian
Wed 1400-1900
Thu-Sun 1100-1900
Mon, Tue CLOSED

SWIMMING POOL 564-1822

Boleslaw Rolinski Supervisor
Lap Swim
Monday - Friday 0530-0830
Recreational Swim
Tue - Sun & Holidays 1000-1800
Monday Closed

MARKETING/PUBLICITY OFFICE 564-2261

Prudence Denight Manager
CrenaMarie Byerly Sponsorship Coordinator
Mon-Fri 0730-1630
Sat, Sun & Holidays Closed

OROTE POINT LANES FMI 564-2261

CLOSED FOR RENOVATIONS

THE POINT CLUB 472-4606

Frances Abian Manager
Special Holiday Hours
Tue - Fri 1600-2100
Social Hour 1700-1900

REC 'N CREW OFFICE 564-1826/687-4725

Outdoor Recreation/L.I.B.E.R.T.Y. Program

Therese Muna Supervisor
Mon-Sun 0800-1700
Holidays 0800-1700

SILVER DOLLAR (NavMag) 339-5128/564-1834

Willie Miranda Manager
Mon-Fri Lunch & Computer Room 1100-1300
Sat, Sun & Hol Closed

SUMAY COVE MARINA 564-1846

Jamie Sternadel Manager
Wed - Sun & Holidays 0800-1700

TEEN LIVING CENTER 1982-A 564-2474/1755

Mae Lizama Supervisor
Mon - Thu 1500-1800
Friday 1500-2000
Saturday 1300-2000
Sunday Closed

THE BIG SCREEN 564-1830

MOVIE HOTLINE 564-1831
Manny Almonte Manager
Mon-Wed CLOSED
Thu (FREE MOVIE) 1900-2130
Friday Dbl Feature 1900-2400
Sat & Sun
Double Matinee 1300
Single Feature 1900

BOLLER VET CLINIC 564-3225

Visit Our Website:
www.navyvetguam.com for quarantine information, appointment scheduling, price information and hours of operation.

TOP O' THE MAR 472-4606/7

Fax 472-4605
Frances Abian Manager
Holidays Open on certain holidays
(Call For More Information)

Catering Manager

Alex Gagaring 688-5695/472-4606/7
Sunset Lounge
Tue - Sun 1700-2200
Daily Social Hour 1700-1900
Sun Hosted Karaoke 1800-2200

NCTS

ADMIRAL NIMITZ GOLF COURSE 344-5838/39

Richard Paulino Manager
Pro Shop
Mon-Sun 0600-1800
Snack Bar
Mon-Sun 0600-1900
Holidays Open except Christmas Day

AUTO HOBBY SHOP 355-5527

Joselito Subido Technician
Mon - Fri & Holidays Closed
Sat & Sun 0900-1700

HOME PLATE FMI 564-2261

CLOSED

LIBRARY 355-5921

Felicitima McCandless Librarian
Tue 1400-1900
Wed-Sat 1100-1900
Sun & Mon Closed

LIGHTNING LANES 355-5273

Richard Paulino Manager
Mon - Fri 1100-1300 (Lunch Only)
After Hours phone number 472-4606/7 (Mon-Fri) to book bowling groups.

OUTDOOR REC & GEAR ISSUE 355-5623/5534

(Moved to NCTS Sports Center)

Felix Esteves Supervisor
Mon - Fri 1100-1800
Sat, Sun & Holidays 1200-1800

SOUTH-FIN YOUTH CENTER 637-2730/1

Mae Lizama Supervisor 564-1860
Helen Flores Recreation Specialist
Mon-Fri 0600-1730

SPORTS CENTER 355-5623/5534

Felix Esteves Supervisor
Mon, Wed & Fri 0500-1800
Tue & Thu 1100-1800
Sat & Sun 1200-1800

SWIMMING POOL 355-5091/2/564-1822

Boleslaw Rolinski Supervisor
Lap swim
Mon - Fri 0600-0800
Recreational Swim
Weekends 1100-1730

NAVAL HOSPITAL

BODYWORKS FITNESS CENTER FMI 344-9226

Araceli Diras Supervisor
Mon-Fri 0500-2100
Sat & Sun 0900-1700

CHILD DEVELOPMENT CENTER 472-2312

Lita Gonzales Director
Mon-Fri 0630-1730
Sat, Sun & Holidays Closed

SWIMMING POOL FMI 344-9009/564-1822

Boleslaw Rolinski Supervisor
Lap Swim
Mon - Fri 0530-0730

MWR Calendar

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>
Outdoor Rec Tour - Nautilus Submarine Intro to Kayak Class I & II LIBERTY Drag Racing at Yigo Raceway Park	SUPERBOWL XXXVIII Party at Club Rumors 0600-1500 Youth Sports Soccer Registration begins and runs thru 8 Mar 04	OKSANA The People's Pianist Live at Sunset Lounge Libraries Valentine's Day Coloring entries due at NCTS Library	Libraries Valentine's Day Coloring entries due at CNM Library Boonie Stomp & Falls LIBERTY Trip to Village
Outdoor Rec Tour - Jungle Riverboat Cruise Boonie Stomp & snorkel Haputo Beach LIBERTY Golf Day at ANGC	Admiral's Cup Racquetball Tournament		Intro to Kayak LIBERTY Trip to Premier Outlets
Outdoor Rec Tour - Iruka Dolphin Watching & Snorkel Tour Kayak trip to Tumon Bay LIBERTY Around the island trip & Paintball Day at X-Sports			Boonie Stomp & Jumullong Ma LIBERTY Trip to Village
Outdoor Rec Tour - Dance Celebration Festival at Guam Reef Hotel Orote Historical Hike LIBERTY Paintball Day at X-Sports		Libraries St. Patrick's Day Coloring Contest begins at NCTS Library	Libraries St. Patrick's Day Coloring Contest begins at CNM Library Kayak Talofofu PaicPaic Cave LIBERTY Trip to Premier Outlets
Outdoor Rec Tour - Nautilus Submarine Kayak & Snorkel Piti Bombholes LIBERTY Golf Day at ANGC	FEBRUARY 14TH Outdoor Rec Tour - Dance Celebration Festival at Gef Pago' Kayak trip to Talofofu River		

Calendar of Events

Wednesday	Thursday	Friday	Saturday
Valentine's Day Classes due at 4	CNM Teen Center "Teen Talk" 1530-1630 5 LIBERTY Dinner at the Top o' the Mar	NH Bodyworks Fitness Center 2.1 Mile Fitness Run 6 LIBERTY 6 Hour Group Night Out	Outdoor Rec Tour - Tarzan Water Park 7 Boonie Stomp to Lost Pond
to Inarajan to Chamorro			
Class I & II 11	CNM Teen Center Drawing & Art Exhibit Session I 12 LIBERTY Free Movie at the Big Screen & Dinner at Top o' the Mar	CNM Teen Center 8 Ball Pool Tournament 13 CKG Monthly 5K Fitness Run LIBERTY Agana Sunset Cruise & Dinner Night Out	Big Screen "Poster Day" 14 Valentine's Dinner at Club Rumors 1700-2100 CKG Couple's Day 5K Fun Run CNM Teen Center Paintball
to Mt. Anglo to Chamorro			
18	AFE Kenney Polson Live at Sunset Lounge 1800-2100 19 CNM Teen Center Drawing & Art Exhibit Session II LIBERTY Ping Pong Tournament at NH Barracks 15	NCTS Sports Center Monthly 5K Bike/Run 20 LIBERTY Friday 6 Hour Group Night Out	1st Annual CNM Cardboard Boat Regatta at Sumay Cove Marina 21 Hike & Swim Talofofa Caves, Malojloj Falls & Inarajan Salt H2O Pools
Patrick's Day fest begins at 25	CNM Teen Center "Teen Talk" 1530-1700 26 LIBERTY Dinner at the Top o' the Mar & Free Movie at the Big Screen	ANGC 4-Man Scramble Tournament 27 LIBERTY Trip to Micronesia Mall	AFE Tennessee Titans Cheerleaders Show & Autograph Session - Big Screen Theater 28 Kayak & snorkel Agat Small Islands
to Bay & Hike to Guam ts			

February 2004

Navy Youth Programs

YOUTH COUNCIL MEETING FEBRUARY 6, 2004 1600-1830

Youth Program Managers will meet with parents and children to explain the purpose of the Youth Council and to outline a plan of action for the future months. Anyone interested in providing input is invited to attend. The Youth Center is now affiliated with the Boys and Girls Club of America and clubs are being formed for youth to meet their recreational and social needs.

POWER HOUR (MON-THU)

Beginning February 2, 2004 from 1530-1700. This Boys and Girls Club After-School Homework Club is being set up to help children acquire skills they need to enhance what they are learning in school. Does your child need help with cursive handwriting? Learning addition and subtraction facts? The program may help! Trained teachers will support the program by providing academic games to promote learning. For more info, call 564-1844/45.

UNDER "5" PLAYDOUGH FUN! WEDNESDAY, FEBRUARY 11, 2004

Open to children ages 5 and below. This event is geared for the younger kids and their parents. Parents, bring your children out to play with playdough. You can socialize with other parents or play with playdough, yourself! Coffee and pastry available for a nominal fee. Bring your friends! The new Youth Activity Center is big enough to accommodate large groups. It all happens from 0900-1100. See you there!

PARENT'S NIGHT OUT FRIDAY, FEBRUARY 13, 2004

Parents, did you want some time alone for Valentine's Day? For \$15.00, drop your 5-12 year old kids off to us for some fun from 1700-2200. Dinner included, and lots of games and fun. Advance sign-ups are required!

FAMILY NIGHT BINGO + ALL YOU CAN EAT SPAGHETTI NIGHT FRIDAY, FEBRUARY 27, 2004

Rumors Restaurant, 1730 Dinner, 1815 Bingo Begins
All You Can Eat Spaghetti Dinner \$5.95 Adults, \$2.95 Child 5-11 years and 4 & Under Free. Reservations Recommended. To make reservations call 564-1838/39 or email n10.lizamam@guam.navy.mil. A Night of Family Fun & Prizes!

WHAT'S HAPPENING AT THE TEEN CENTER?

TEEN TALK

February 5, 2004 1530-1630

Character Building for Teens - is designed to help Teens find their strengths, help build self-esteem, and cultivate positive relationships.

February 26, 2004 1530-1700

Teen Stress: Teenagers are not immune to the harmful effects of poorly managed stress. Participants will learn to identify the sources and symptoms of stress, and how to reduce its harmful physical, emotional, and behavioral effects.

Parents may sign their teens up at the FFSC 333-2056, a permission slip is required. FMI call 564-1838 or 564-2474.

DART COMPETITION

February 6, 2004 1530-1700

CNM Teen Center Bldg. 1982-A

Open to authorized patrons ages 13-17

Sign up at the Teen Center beginning Feb 2nd

DRAWING & ART EXHIBIT

February 12, 2004 (Session I)

February 19, 2004 (Session II)

1530-1730, CNM Teen Center Bldg. 1982-A

Open to authorized patrons ages 13-17

FMI call 564-2474

8 BALL POOL TOURNEY

February 13, 2004 1530-1730

CNM Teen Center Bldg. 1982-A

Open to authorized patrons ages 13-17

Sign up at the Teen Center beginning Feb 2nd

PAINTBALL

February 14, 2004 1530-1700

CNM Teen Center Bldg. 1982-A

Open to authorized patrons ages 13-17

\$20.00 per person. FREE transportation.

Must sign up at the Teen Center beginning Feb 2nd

Youth Sports

Soccer Registration runs Feb 2 - Mar 8, 2004

Open to authorized patrons ages 5-17

FMI call 564-1838/39

Navy Youth Activities Calendar

Your Children Are Our Business!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 POWER HOUR 1530-1700 Every Mon - Thu Basketball Practice (A)	3 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	4 Puppet Making 1600 (A) POWER HOUR 1530-1700 Basketball Practice (A)	5 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	6 Youth Council Meeting 1600-1830 Parents & Children Welcome! "No Charge" (S)	7
9 POWER HOUR 1530-1700 Every Mon - Thu Basketball Practice (A)	10 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	11 Under "5" Play-dough Fun 0900-1100 "No Charge" (*) POWER HOUR 1530-1700 Basketball Practice (A)	12 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	13 Valentine's Parents Night Out 1700-2200 \$15.00. Drop the kids for some fun & games. Dinner included. Call us for more information. (S)	14
16 HOLIDAY Youth Center Closed No Basketball Practice	17 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	18 Kids in the Kitchen "S'mores" 1600-1700 (CL) POWER HOUR 1530-1700 Basketball Practice (A)	19 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 No Basketball Practice Parents & Coaches Mid-Season Evaluation 1630 (A)	20 Basketball 3 Point Shot Contest 1630 (A)	21
23 POWER HOUR 1530-1700 Every Mon - Thu Basketball Practice (A)	24 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	25 Jump Rope Contest 1630 (A) POWER HOUR 1530-1700 Basketball Practice (A)	26 Ballet & Tumbling Class 1600-1700 (A) POWER HOUR 1530-1700 Basketball Practice (A)	27 Family Bingo at Club Rumors. Please call for time and information. (S) February Birthdays Celebration! 1630	28

Friday, February 27, 2004
FEBRUARY Birthdays Celebration!
Beginning at 1630

LEGEND

CL - Character & Leadership
 A - Arts, Fitness, Sports & Recreation
 EC - Education & Career
 H - Health & Life Skills
 S - Specialized Programs
 * - Under age 5 Programs

*All activities held at CNM Youth Center, Bldg 1982-B unless indicated otherwise.
 For more information call 564-1838/39.*

FEBRUARY 2004

Outdoor Recreation



NEW! TOURS FOR EVERYONE!

- 01 Feb - Nautilus Submarine. 2 Trips to choose: 0930 or 1030
\$15.00 Adult, \$10.00 Child. Call us for more info.
- 07 Feb - Tarza Water Park Trip. 1000-1600.
\$20.00 Adult, \$10.00 Child (5-11). Call for more info.
- 08 Feb - Jungle Riverboat Cruise. Two Tours: 0900-1100 or
1330-1530. \$10.00 Adult, \$5.00 Child.
- 14 Feb - Dance Celebration Festival at Gef Pago'
Call for more information.
- 15 Feb - Iruka Dolphin Watching & Snorkel Tour.
\$35.00 Adult (12 yrs & up), \$20.00 Child (3-11 yrs)
- 22 Feb - Dance Celebration Festival at Guam Reef Hotel
Call for more information.
- 29 Feb - Nautilus Submarine. 2 Trips to choose: 0930 or 1030
\$15.00 Adult, \$10.00 Child. Call us for more info.

Spaces are limited for all above scheduled trips. Please call for reservations.

DISCOUNTED TICKETS AVAILABLE AT REC 'N CREW & NCTS OUTDOOR REC

1. GameWorks 100 credit game card \$15.00
2. Tarza Water Park (Includes Lunch)
\$20.00/Adult (12 yrs & up)
\$10.00/Child (5-11 yrs)

CHECK OUT OUR OUTDOOR GEAR RENTAL

Need camping gear, coolers, canopies,
tables, chairs or bikes?

Check us out...we'll hook you up!

Also Introducing Our

INFLATABLE JUMPERS

For Rent at \$35.00 Per Jumper Per Day

CNM REC 'N CREW
564-1826/687-4725
NCTS OUTDOOR REC
Located at
NCTS SPORTS CENTER
355-5623/5534

BOONIE STOMPS

- 04 Feb - Inarajan Falls (MD)
- 07 Feb - Lost Pond (EM)
- 08 Feb - Hike & Snorkel Haputo Beach (MD)
- 18 Feb - Mt. Jumullong-Manglo (MD)
- 21 Feb - Hike & Swim Talofoto Caves, Malojloj Falls
& Inarajan Salt H2O Pools (E)
- 22 Feb - Orote Historical Hike (EM)

WATER ACTIVITIES

- 01 & 11 Feb - Intro to Kayak Class I 0900-1100
Intro to Kayak Class II 1300-1500
- 14 Feb - Talofoto River (EM)
- 15 Feb - Tumon Bay (EM)
- 25 Feb - Kayak Talofoto Bay & Hike PaicPaic Cave (M)
- 28 Feb - Kayak & Snorkel Agat Small Islands (MD)
- 29 Feb - Kayak & Snorkel Piti Bombholes (EM)

LEGEND

E - Easy

M - Moderate

D - Difficult

EH - Experienced Hikers

EM - Easy to Moderate

MD - Moderate to Difficult

VD - Very Difficult

Boonie Stomps are \$5.00 Adult, \$3.00 child (5-17), children 4 & below Free. All children must be accompanied by an adult. All patrons are required to show up for payment and waiver signature 15 minutes prior to departure. Tours depart at 0900. Deadline to sign up is at 1630 one day prior to the event. Tours include 1-2 bottles per person. Bring your own lunch, snacks, etc...

Kayak Trips - Weekend kayak trips are \$15.00/single kayak, \$25.00/double kayak, includes lunch & drinks. Wednesday kayak trips are \$8.00/single, \$12.00/double (does not include lunch or drinks.) Tours depart from Rec 'N Crew or Outdoor Rec at 0900. Events are subject to change or cancellation due to weather conditions or circumstances beyond our control.

All activities require a minimum of 4 patrons to go or they may be subject to cancellation.



- 01 Feb - Drag Racing at Guam Raceway Park. 1200-1800. \$5.00 Entrance Fee and \$7.00 for Pit Pass. Bring your beach chairs and umbrellas!
Paintball Day at MWR X-Sports Paintball Field. 1200-1700.
- 04 Feb - Trip to Chamorro Village. 1800-2200.
- 05 Feb - Dinner at Top O' The Mar. 1800-2200. Free transportation.
- 06 Feb - Friday Night 6 Hour Group Night Out. 1900-0100. Free transportation with designated driver. Group will decide where to go.
- 08 Feb - Sunday Golf Day at Admiral Nimitz Golf Course. 1200-1800. Show at 1130. \$15.00 Fee includes golf cart and 18 holes.
- 11 Feb - Trip to Guam Premier Outlets. 1800-2200. Shop, eat or watch a movie. Free transportation.
- 12 Feb - FREE Movie at the CNM Big Screen Theater. Free movie does not include food or drinks.
Dinner at Top O' The Mar. 1800-2200. Free transportation.
- 13 Feb - Agana Sunset Cruise. 1730 Departure Time. Show 15 minutes prior to departure. Deadline to sign up is 1200, Wednesday, 11 Feb 04. Free transportation. Spaces are limited, call for reservations.
Dinner and Night Out. 1800-2400. Group will decide where to go. Free transportation.
- 15 Feb - Around the Island Trip. 0900-1500. Free transportation.
Paintball Day at MWR X-Sports Paintball Field. 1200-1700.
- 18 Feb - Trip to Chamorro Village. 1800-2200.
- 19 Feb - Ping Pong Tourney at Naval Hospital Barracks 15. Call us for more information.
- 20 Feb - Friday Night 6 Hour Group Night Out. 1900-0100. Free transportation with designated driver. Group will decide where to go.
- 22 Feb - Paintball Day at MWR X-Sports Paintball Field. 1200-1700.
- 25 Feb - Trip to Guam Premier Outlets. 1800-2200. Shop, eat or watch a movie. Free transportation.
- 26 Feb - Dinner at Top O' The Mar. 1800-2200. Free transportation.
FREE Movie at the CNM Big Screen Theater. Free movie does not include food or drinks.
- 27 Feb - Trip to Micronesia Mall. 1800-2400. Free transportation. Shop, eat or catch a movie.
- 29 Feb - Sunday Golf Day at Admiral Nimitz Golf Course. 1200-1800. Show at 1130. \$15.00 Fee includes golf cart and 18 holes.

LIBERTY Program is STRICTLY for Single Sailors and Geographical Bachelors. We will provide free transportation for scheduled events listed above. Patrons must call for transportation. Trips require a minimum of 4 patrons to go. Subject to cancellation if minimum requirement is not met. Sign up deadline for each trip is at 1600 the day prior to the scheduled trip, unless otherwise stated. For questions please call 564-1826 or 687-4725 or email at n10.munat@guam.navy.mil.



SPORTS & FITNESS



COUPLE'S DAY 5K FUN RUN

- * February 14, 2004
- * Run will start at CNM CKG and all participants must report there. 0600 Show, 0630 Go.
- * All participants MUST run with a partner
- * Open to all authorized patrons
- * Individual prizes for top pair finishers.
- * For more information call any Navy Gym.

Admiral's Cup Happenings

- Racquetball Tournament
Monday, 9 February 04
- Come out and support your Basketball and Golf Team!

ADMIRAL'S CUP FLAG FOOTBALL

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2
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0
3

Champions - Frank Cable Canes



Runner Up - NAWMU-1



3rd Place - NMCB ONE

NEW! All patrons participating in MWR's Run, Walk, Swim for Life Program will be granted double the miles towards the program for participating in our Monthly 5K Fun Runs. Good Luck To All Participants!

MONTHLY FUN RUNS

CNM CHARLES KING GYM

Monthly 5K Fitness Run

13 February 04

Show: 0600

Go: 0615

FMI Call 564-1824/25

NH BODYWORKS FITNESS CENTER

2.1 Mile Hospital Fitness Run

6 February 04

Show: 0600

Go: 0615

FMI Call 344-9226

NCTS SPORTS CENTER

Monthly 5K Bike/Run

20 February 04

Show: 0600

Go: 0615

FMI Call 355-5623

Self Serve Aerobics

Do your aerobics' routine at your own time and pace. A variety of aerobic tapes are available at NCTS Gym - check one out, plug it in the TV and start working out!

MWR Aerobics Schedule available at any Navy Gym.

MWR X-SPORTS

Guam 

Paintball Field

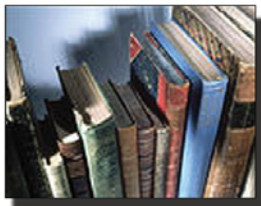


Have you ever wanted to try an extreme sport? Well, here's your opportunity!



- * Saturdays & Sundays from 1000-1800
- * Located behind CNM Sampson Softball Field just before Orote Pt. BOQ
- * Open to authorized patrons ages 12 & older
- * \$25.00 includes use of field, a marker, 100 rounds of paintballs, safety gear and a CO2 Tank.
- * \$10.00 Fee will be charged to patrons desiring to utilize their personal equipment.
- * For more information call 475-0589 or 888-5771.

NOW OPEN



LIBRARIES

CNM 564-1836
NCTS 355-5921

Valentine's Day Coloring Contest

- * Open to authorized patrons ages 1-16 years
- * Entries are due in by 3 Feb 04 at NCTS Library & 4 Feb 04 at CNM Library by 1700.
- * Entry forms must be picked up & submitted at either library.
- * All entries will be posted at the CNM Library.
- * Winners will be selected between both facilities.
- * 3 Categories - 3 Winners per category
- * Judging will take place at the CNM Library on February 6, 2004. Winners will be contacted immediately thereafter.
- * For more information call 564-1836 or 355-5921



St. Patrick's Day Coloring Contest

Contest begins on 24 Feb 04 at NCTS Library & 25 Feb 04 at CNM Library.

Coloring sheets must be picked up & submitted at either library.

Entries are due by 9 Mar 04 at NCTS Library & 10 Mar 04 at CNM Library.

Winners will be selected between both facilities.

3 Categories - 3 Winners per category.

For more information call 564-1836 or 355-5921.

Good LUCK to all participants & HAPPY ST. PATRICK'S DAY!

Beehive

Camp Covington 339-6001 or 564-1833/34

HOURS OF OPERATION

Friday 1700-2300

Saturday 1700-2400

Join us every Friday & Saturday
for a cold beverage &
a game of pool!

SEE YOU AT THE BEEHIVE!

**FEATURING
POOL TABLES**

**STRIKE
ZONE**

LIGHTNING LANES

NCTS 355-5273

Now Offering Lightning Lunch for \$5.00

A Daily Lunch Feature

Monday-Friday 1100-1300

Eat it there or call 355-5273 for pick up orders.

LIGHTNING LUNCH features popular island dishes such as
Chicken Adobo, Chicken Stir Fry and Salisbury Steak.

Each day will feature a different dish.

Call the Lightning Lunch Hotline at

355-5273 for the day's feature!

BOWLING is available on a special request basis only
for group reservations. Perfect for birthday parties
and other special occasions. For more information
please call Alex at 472-4606/7

Monday-Friday or Lightning Lanes at 355-5273
during hours of operation.

AUTO HOBBY SHOPS



AVAILABLE AT BOTH SHOPS!

Service Bay Reservations

Reservations must be made in person.
Sorry, no reservations can be made over
the phone. Please call us for more info.

CNM 564-1827 or NCTS 355-5527

Stop by the CNM Auto Hobby Shop

Bldg 1982-A and

"DO IT YOURSELF"!

Authorized Patrons Only

For more information please call

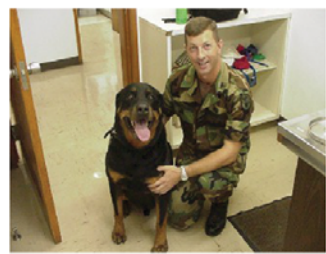
564-1827

**CNM HOURS: MON, THU & FRI 1200-2200
SAT & SUN 0900-1700**

BOLLER VET CLINIC

Barracks 16, CNM

Monday - Friday 0800-1600



*"Providing the best in full-service
veterinary care for your pets"*

- * Vaccinations, Microchips and Sick-call are all offered on an appointment only basis.
- * Please call the Boller clinic at 564-3225 for an appointment or for more information.
- * For safety reasons, children under the age of 12 are not recommended in the clinic.

TO OUR SPONSORS...

We would like to express our sincere appreciation to all the businesses who supported our MWR programs and events during the months of December and January.



Hotel Santa Fe, Holiday Plaza, Garden Villa,
Guam Hotel Okura, WDI-Tony Roma's

1ST ANNUAL COMNAVMA CARDBOARD BOAT REGATTA SUMAY COVE MARINA

FEBRUARY 21, 2004 beginning at 1330

* Command Teams and Individual Entries **START BUILDING YOUR BOATS NOW!!!**

* The regatta will include a pre-race parade and judging of all entries to determine various awards as well as prizes for the top three finishers in each category.

- 1st - 3rd Place Single Pilot Race
- 1st - 3rd Multi Crew Race
- Judges Design Choice (Single Pilot & Multi Crew)
- Best Boat Presentation
- Best Crew Coordination
- "Most Titanic like Sinking"

* **FREE BBQ (While supplies last)**

* **Jumping Jupiters & Activities**

* Regatta Entry Registrations will be taken at the MWR Outdoor Recreation office beginning on February 1st for both single piloted and multi crew entries.

* Deadline for entries will be COB February 20, 2004.

* **Rules for boat construction and participation are available now.**

* Pick up a copy of the rules at the Sumay Cove Marina or the Outdoor Recreation office. Call 564-1826 for an electronic copy.

* Race details will be provided at the event so build your boat with consideration to speed, handling in turns, and above all the ability to actually float long enough to finish.

* For more information please call 564-1826



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U.S. Naval Forces Marianas
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